

CURRICULUM VITAE

Jan Powers, Ph.D.

Assistant Professor of Education
School Counseling and Preventive Mental Health
Creighton University
June 17, 2021

CONTACT INFORMATION

Creighton University
College of Arts & Sciences
Department of Education
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RESEARCH INTERESTS

School counselor role in trauma-informed practice
Developing transformative leadership in school counselors
Trauma-informed career counseling
Intersection of trauma, resilience, and culture

EDUCATION

The University of Iowa, Iowa City, IA
Doctor of Philosophy, Counselor Education and Supervision, 2020

The University of Iowa, Iowa City, IA
Master of Arts, School Counseling, 2006

The University of Northern Iowa, Cedar Falls, IA
Bachelor of Music Education, 1979

PROFESSIONAL CREDENTIALS

Master Educator License
State of Iowa
School counseling, K-12
Music (Band, Vocal, K-12)

Certificate in Art Therapy, Grandview University, IA

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PROFESSIONAL APPOINTMENTS

Creighton University, Omaha, NE

Assistant Professor, College of Arts and Sciences

Department of Education

School Dounseling and Preventive Mental Health Program (2020-present)

Buena Vista University, Storm Lake, IA

Adjunct professor: Group Dynamics (Summer, 2019, 2020)

Supervisor of Practicum and Internship (2019-2020)

TEACHING

Creighton University (Assistant Professor)

Year	Summer	Fall	Spring
2021			COU 606-608 Theoretical Orientation, Data and Career Development for School Counselors
			COU 609 Individual Planning
			Mentorship and Guidance for Doctoral Students <ul style="list-style-type: none"> • Dissertation Committee Member for Julie Snyder– Interdisciplinary Doctoral Leadership Program, Creighton University (in progress 2021)

Year	Summer	Fall	Spring
2020		COU 604 Issues in Child and Adolescent Development for School Counselors	
2020		COU 664 Issues in Elementary School Counseling (2 weeks)	

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Buena Vista University (Adjunct)

Year	Summer	Fall	Spring
2019-2020	Dynamics of Group Counseling		
2019-2020	Practicum	Practicum	Practicum
2019-2020	Internship	Internship	Internship

The University of Iowa (Graduate assistant)

Year	Summer	Fall	Spring
2018	Microcounseling skills		
2019			Issues in Child and Adolescent Development

K-12 School Counseling

College Community School District, Prairie Crest Elementary (2009-2016) (K-4)
 Des Moines Public Schools, Future Pathways (2007-2009) (9-12)
 YES College Preparatory School, Houston TX (2006-2007) (5-8)

K-12 Music Education

Pomeroy Palmer Community School District, Pomeroy, IA (1991-2000) (K-12)
 North Tama School District, Traer, IA (1985-1990) (5-8)

SCHOLARSHIP

Summary of scholarship during my appointment at Creighton (items on CV with asterisk)

- 1 published peer reviewed book chapter (2020)
- 1 published peer reviewed journal article (2020)
- 1 peer reviewed journal article in review (2020)
- 3 peer reviewed journal articles in development (2020)
- 2 international presentations (2020)
- 3 research projects under development (2020)

Peer Reviewed Book Chapters

*Wojciak, A. S., Powers, J., & Medberry, L. (2020). Schoolwide trauma informed professional development: *We Can! Building Relationships and Resilience*. In M. Reardon, J. Leonard

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(Eds.), *Alleviating the educational impact of adverse childhood experiences: School-university-community collaboration: Volume 5 Current Perspectives on School/University/Community Research*. Charlotte, NC: Information Age Publishing, Inc.

Peer Reviewed Journal Articles

*Powers, J. & Duys, D. (2020). Toward trauma-informed career counseling. *Career Development Quarterly*.

*Wojciak, A. S., Powers, J., Goslin, A., Sandoval, J. A., & Hooper, L. (in review). Perceptions of *We Can! Building Relationships and Resilience*, a school wide trauma informed training, from Trainers and Recipients. *School Mental Health*

*Powers, J. (in development). Role of professional school counselor in trauma-informed practice.

*Kim, J., & Powers, J. (in development). Adverse childhood experiences and career adaptability: Serial mediation of emotion dysregulation and self-handicapping.

*Medberry, L., Wojciak, A., Powers, J. (in development). Building resilience in schools connecting PBIS and ARCH.

International Presentations

*Powers, J., Duys, D., & Smith, C., Toward Trauma-Informed Career Counseling. Lecture presented for the National Career Development Association (NCDA) Global Career Development Virtual Conference (July 2020).

*Kim, J., & Powers, J. The Influence of ACES in Career Development: Mediation of Emotional Regulation and Handicapping Behaviors. Lecture presented for the NCDA Global Career Development Virtual Conference (July 2020).

National Presentations

Powers, J., Kim, J., & Han, E. Can CES Ensure Trauma-informed Practice? Lecture presented at the Association for Counselor Education and Supervision (ACES), Seattle, WA (October 12, 2019)

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Powers, J., & Smith, C. K. School Counselors as Leaders in the Trauma-Informed Movement: Maximizing School Counselor Role. Education session presented at “Forging the Future of Professional Counseling” ACES 2017, Chicago, IL. (October 2017).

Cox, L. & Powers, J., Trauma-Informed Education. Presentation at Iowa Ideas, an annual statewide, non-partisan symposium organized by the Cedar Rapids Gazette (September 2017).

Wojciak, A., & Powers, J., Working with Schools. Lecture presented at “Strengthening Families, Building Hope,” Prevent Child Abuse Iowa Annual Convention (May 2017).

Regional Presentations

Powers, J., Intersection of Trauma-Informed Practice and Preventive Mental Health. Presentation for Nebraska School Mental Health Conference, Omaha, NE. (June, 2021).

Powers, J., & Range, B., Connection between Trauma, Resilience, and Black Culture. Round table presentation at North Central Association (NCACES), Cleveland, OH. (October 2018).

Powers, J., Smith, C. K., & Kim, J. Infusing Trauma-Informed Practices into Counselor Education. Lecture presented at NCACES, Cleveland, OH. (October 2018)

Powers, J., & Neira, J., School Counselors as Leaders in Trauma-Informed Education. Lecture presented at the Iowa School Counseling Association (ISCA) Conference, Des Moines, Iowa. (November 2018).

Wojciak, A., & Powers, J., Intersecting Community and School in Trauma-Informed Practice. Lecture presented at Iowa Governor’s Conference. (April 2017).

Cox, L. & Powers, J., Trauma-Informed Education: Connections Matter. Keynote address and break-out sessions presented at Iowa Area Education Agency Region 267, Diversity Conference. (February 2017).

Smith, C. K. & Powers, J., Trauma-Informed Practice in Schools. Lecture presented at Pella Community Schools, staff professional development (January 2017).

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Smith, C. K., Wojciak, A. J., Powers, J. J., & Range, B., Rothmiller, S., Trauma-Informed Practice in Schools. Lecture presented at the 2016 Iowa School Counseling Association (ISCA) Conference, Ankeny, Iowa. (November 2016).

Wojciak, A. & Powers, J., Trauma-Informed Education. Lecture presented at Iowa ACEs Summit. (October 2016).

Smith, C. K., Wojciak, A. J., Powers, J., & Range, B., Trauma-Informed Practice in Elementary Schools. Lecture presented at the 2015 Iowa School Counseling Association (ISCA) Conference, Ankeny, Iowa. (November 2015).

Neira, J., & Powers, J., Supporting Students Through Video-Modeling. Lecture presented at the 2011 ISCA Conference, Des Moines, Iowa. (November 2011).

Research in Progress

*Powers, J., Wojciak, A., & Hooper, L. (in development). *We Can! Building Relationships and Resilience*; The mediating role of parental involvement. Participatory action research between University of Minnesota, Creighton University, and Waterloo Community School District

*Powers, J., Wojciak, A., & Snow, T. (in development). *We Can! Building Relationships and Resilience: Intersection of culture and ARCCH*. Participatory action research between University of Minnesota, Creighton University, and The John Carrol School, MD.

*Doyle, B., Hearn, J., Powers, J., Kim, J. (in development). The consequences of trauma on school performance and the potential for healing. Funded by Catholic Schools Initiative Grant.

Consulting/Presentations

Powers, J., Wojciak, A. W., & Simpson, T., Resilience: The Biology of Stress and the Science of Hope. Professional development for school counselors, school nurses, principals, and Student/Family Advocates in Iowa City Community School District (August 2018).

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Powers, J., & Wojciak, A. Prairie as leaders in the trauma-informed movement. Lecture and Workshop presented at Prairie Community Schools, staff professional development (February and April 2018).

PROFESSIONAL ORGANIZATIONS

American School Counseling Association (ASCA)

Nebraska School Counselor Association (NSCA)

American Counseling Association (ACA)

National Catholic Educational Association (NCEA)

Catholic Higher Education Supporting Catholic Schools (CHESCS)

SERVICE

Profession

Peer reviewer for *The Journal of Catholic Education* (2020)

Department of Education

Program director for School Counseling and Preventive Mental Health (June 2021)

Member, hiring committee for new faculty for School Counseling and Preventive Mental Health (Fall 2020)