There is a growing body of literature to support the use of telehealth to provide effective occupational therapy services to individuals across the lifespan (AOTA, 2018). In addition to generating functional outcomes similar to in-person care, many studies also note that telehealth use can increase access to care, decrease costs, and provide increased access to occupational therapy services delivered via telehealth by a doctoral occupational therapy student under the guidance of a licensed occupational therapist.

The client was initially seen in January during an in-person evaluation in his home. He noted progress after 6 months of combined in-person and telehealth intervention services. Following that initial visit he received 10 weeks of occupational therapy services delivered via telehealth by a doctoral occupational therapy student under the guidance of a licensed occupational therapist.

The client's parent was provided with a "Telehealth Effectiveness and Satisfaction Survey" at the end of the 10-week intervention period. This survey was modeled after telehealth satisfaction surveys found in current literature (Polinski et al., 2015). Questions explored what the primary reason for choosing telehealth was, concerns about it, and preference for home visits used in addition to telehealth services. Questions related to satisfaction with the 10-week interventions utilized a 5-point Likert scale ranging from very dissatisfied to very satisfied. Further information on the service model was also asked on the survey. A goal-specific section of the survey allowed the parent to indicate satisfaction with progress on the client's specific occupational therapy goals related to the following:

- Fine motor skills
- Social cognition
- Sensory processing skills
- Cognitive behavioral skills and anxiety management
- Visual motor integration skills

Over the course of 10 weeks, the client’s parent reported they were neither satisfied nor dissatisfied with progress toward fine motor goals; somewhat satisfied with progress toward social cognition goals; very satisfied with progress toward sensory processing goals; somewhat satisfied with progress toward cognitive behavioral skills and anxiety management goals; and somewhat satisfied with progress toward visual motor integration goals. Overall the client’s parent reported they were very satisfied with the convenience of telehealth services, treatment plan, coaching they received, and quality of care received. They indicated that they would continue using telehealth services and recommend using them to someone else.

### References


