

Optimizing Healthy Living and Function for People with Chronic Neurologic Conditions



Have you noticed a change in function, or are you looking for information on healthy living with a neurological condition?

Specialized neurologic physical therapy and wellness services are now offered at Creighton Therapy and Wellness.

Pictured left to right: Kate Kugler, PT, DPT, and Heather Knight, PT, DPT, board-certified clinical specialists in neurologic physical therapy

SERVICES	DETAILS
Neurologic Screens	<ul style="list-style-type: none">• Serve to empower clients and provide insights into health and wellness needs• Include Movement Screens for routine testing of functional abilities and Balance Screen to determine fall risk and needs for skilled services
Specialized Neurologic PT Evaluations	<p>Be evaluated by board-certified neurologic clinical specialists to receive:</p> <ul style="list-style-type: none">• Exercise prescription focused on functional abilities• Specialized education based on individual needs• Access to a network of specialized resources• Customized referral process
Other Neurologic PT Services:	<ul style="list-style-type: none">• Balance and Vestibular Rehabilitation• LSVT BIG Training Program for Parkinson's Disease• Telehealth Services
Healthy Habits Exercise Class	<ul style="list-style-type: none">• 50-minute class offered on Fridays• Standing and seated options available• Functional Balance Screen included with initial registration• Single sign-up or membership options available• Regular Functional Maintenance Screens included with ongoing membership• Notification of student engagement and research opportunities

For more information or to see a board-certified neurologic clinical specialist, contact:

Creighton Therapy and Wellness

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