

Creighton Upward Bound is a federally funded program designed to assist students in developing the academic skills and personal growth necessary for successful completion of high school and admission to a four-year university or college. The Classic Upward Bound (CUB) program provides career exploration, academic, cultural, and social activities intended to build confidence and motivation, who will in turn lead students to succeed in college and have a better future. CUB is offered at no cost to participants.

**Are you interested in:**

- Receiving a post-secondary education after graduating high school
- Academic tutoring, instruction and mentorship
- Assistance with planning for college, scholarships and financial aid
- Increasing and/or maintaining your Grade Point Average (GPA)
- Working with staff who have a passion to serve
- Building relationships with peers
- Being awarded and celebrated for your successes
- Attending social, cultural and enrichment activities
- Participating in community service projects
- Developing leadership skills
- ACT fee waivers and preparation
- Touring colleges in and/or out of Nebraska
- Networking with professionals from various fields of study
- Earning credits through the CUB Summer Bridge Program (12<sup>th</sup> graduate)
- Earning an incentive stipend for participation

If your answer is yes, then CUB wants to hear from you—apply today!

**Eligibility:**

- Attend an Omaha metropolitan area high school and be currently in the 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, or (1<sup>st</sup> semester)11<sup>th</sup> grade
- Plan to attend a college or university
- Have minimum of a 2.00 GPA or above
- Be a first-generation student (neither parent/guardian have graduated with a four-year degree) and/or meet federal income guidelines
- Be willing to commit to and participate in the Upward Bound program throughout your high school career

## Services we offer at CUB:

- **Tutoring** – Participants are required to attend at least two hours of tutoring each week. Tutorial services are available for subjects taught in high schools that are a part of the college preparation core curriculum (i.e., English, Science, Math, Language).
- **Workshops** – CUB provides students with academic skill coaching, career counseling, ACT/SAT test preparation, and college selection advisement.
- **Saturday Morning Classes (SMC)**– Students attend classes every first and third Saturday of each month from 9:00 A.M. – 12:00 P.M. SMC includes ACT prep classes, supplemental academic instruction, hands on activities, and off-campus field trips.
- **College Tours** – CUB participants will attend college tours locally and out of state.
- **Cultural Activities** – To spark curiosity and increase exposure to new ideas and experiences, students attend activities such as musicals, theatre, workshops, museums, etc.
- **Community Service** – Students have opportunities to develop a stronger connection to their community, develop life skills, and create connections that can guide them to career opportunities.
- **Six-week Summer Residential Program** – During the summer, students that meet qualifications are invited to participate in the 6-week summer program held at Creighton University. Students live in one of the residence halls, attend core and elective classes, and experience the various sides of student life on a college campus.
- **End of Summer Trip** – During the week-long trip, students visit multiple universities and engage in a variety of new academic, cultural, and social activities in different cities.

**Applying to CUB requires completion of an application and gathering necessary documents to submit to the program for review. Before completing an application, discuss with your parent/guardian the eligibility requirements for the program.**

## **APPLICATION INSTRUCTIONS**

1. Applicant and parent/guardian should completely fill out all sections.
2. Students should ask their guidance counselor, English teacher, science teacher, and math teacher to complete their evaluation forms. These forms should be returned to the student in a sealed envelope or sent directly to the Classic Upward Bound Program *via* email, fax, or mail.
3. Attach a copy of your transcript showing at least your two most recent semesters.
4. Attach a copy of the parent/guardian's most recent Federal income tax form(s). If taxes are not filed, a letter of income may be submitted. (contact coordinator)

If you have any questions, please contact our office at (402) 280-2958 or email a Classic Upward Bound Coordinator.

Following the completion of this application, if you meet eligibility requirements, both the student and parent(s)/guardian(s) will be scheduled for an interview. The interview is the final step of the application process before an admissions decision will be made.



## Application for Enrollment STUDENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Preferred name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Apt. # City State Zip

With whom do you currently reside with?

- ☐ Both Parents ☐ Mother Only ☐ Father Only  
☐ Legal Guardian ☐ Foster Parent ☐ Other \_\_\_\_\_

Home/Cell: \_\_\_\_\_ Student Email: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M ☐ F ☐ Social Security #: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Are you a U.S. Citizen? : ☐ YES ☐ NO

Ethnicity:

- ☐ Hispanic/Latino ☐ African American ☐ Caucasian  
☐ Native American/Native Alaskan ☐ Asian ☐ Native Hawaiian or Pacific Islander  
☐ Other: \_\_\_\_\_

What Middle/High school do you currently attend: \_\_\_\_\_

What is your current grade? ☐ 8<sup>th</sup> Grade ☐ Freshman ☐ Sophomore ☐ Junior

If you are an 8<sup>th</sup> grader, what school are you planning on attending in the fall? \_\_\_\_\_

What do you plan to do after you graduate from high school? (Check all that apply): ☐ Enlist in the military  
☐ Enroll in a technical/trade school ☐ Attend a four-year college/university ☐ Attend a community college  
☐ Full-time employment ☐ Other(specify) \_\_\_\_\_

What career do you hope to pursue after college? \_\_\_\_\_

Are you enrolled in another TRIO program (Upward Bound, Talent Search, Aim Institute, etc.)? ☐ Yes ☐ No  
If yes, please indicate: \_\_\_\_\_

How did you hear about Upward Bound? \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# PARENT/GUARDIAN INFORMATION

Parent/Guardian Information:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

**In case of an emergency, please list a family member or friend who does not live with you.**

Name: \_\_\_\_\_ Relation to applicant: \_\_\_\_\_ Home/Cell: \_\_\_\_\_

## ELIGIBILITY INFORMATION:

Either parent/guardian obtain a degree from a 4-year college or university? ☐ Yes ☐ No

What is the total TAXABLE income (the amount after deductions is subtracted as reported on your most recent Federal IRS tax form) \$ \_\_\_\_\_

Total number of persons claimed on your most recently filed tax returns (including yourself) \_\_\_\_\_

**If you did NOT file taxes, check here** ☐

If you did not file an income tax return for the most recent year, please indicate your source(s) of income by checking the appropriate box(es) below and include a signed written statement verifying your annual income.

<input type="checkbox"/> Social Security <input type="checkbox"/> Unemployment	<input type="checkbox"/> Public Assistance Disability <input type="checkbox"/>	<input type="checkbox"/> Veteran's Benefits
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☐ **Other: (please explain):** \_\_\_\_\_

**I declare that the information provided is to my knowledge fully true and correct.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Staff Only:

Application Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

Eligibility: Y/N GPA: \_\_\_\_\_ Grade: \_\_\_\_\_



DEPARTMENT OF EDUCATIONAL OPPORTUNITY PROGRAMS  
UPWARD BOUND PROGRAMS

**SCHOOL RECORDS RELEASE FORM**

**Student Permission:**

I, \_\_\_\_\_, hereby consent to the release of my academic records, including  
(Student Full Name)  
but not limited to transcripts, grade reports, test scores, course evaluations, attendance records, recommendations, and other information regarding my school performance, to **Creighton University's Upward Bound Program**. This release is to be effective throughout my middle school, high school, and college career and includes my final transcripts upon graduation from secondary school and college. It is effective regardless of whether I am actively involved with Upward Bound Programs at the time of the records request.

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

\_\_\_\_\_  
DOB DD/MM/YYYY

\_\_\_\_\_  
Student ID Number

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City/State

\_\_\_\_\_  
Zip Code

**Parent/Guardian Permission:**

As the parent/guardian of \_\_\_\_\_, I hereby consent to the release of my child's academic records, including but not limited to transcripts, grade reports, test scores, course evaluations, attendance records, recommendations and other information regarding my school performance – to **Creighton University's Classic Upward Bound Program**. This release is to be effective throughout his/her middle school, high school, and college career and includes his/her final transcripts upon graduation from secondary school and college. It is effective regardless of whether or not my child is actively involved with Upward Bound Programs at the time of the records request.

I declare that the information provided is to my knowledge fully true and correct.

\_\_\_\_\_  
**Parent/Guardian's Signature**

\_\_\_\_\_  
**Date**



## Student Self-Assessment – Part I

Student Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

**Student Applicant: Please indicate, using the scale below, the areas in which you feel you need or would like assistance. Return this form with your application.**

### *Scale*

1 – Do not need help	2 – Needs a little help	3 – Usually needs help	4 – Needs a lot of help
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#### Academics

Reading	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Writing	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Mathematics	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Social Studies	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Science	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
English as a Second Language (ESL)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

#### Careers

Career Awareness	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Knowledge of professions/job	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Knowledge of career opportunities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Info on job training/internships	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

#### Postsecondary Education

Visits to college campuses	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Postsecondary opportunities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
College admission process	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Info on financial aid options	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

#### Personal

Study Skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Self-esteem	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Time Management Skills	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Goal settings	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>



## **Student Self-Assessment – Part II**

- Out of the area listed on the assessment, what do you feel you need the most help? Why?

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- Are there other areas that you feel you need help with? Explain \_\_\_\_\_

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- What are your future educational goals? \_\_\_\_\_

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- Are you involved in extra-curricular activities (sports, clubs, etc.)? \_\_\_\_\_

If yes, please indicate \_\_\_\_\_

- What are you passionate about? (education, personal, etc.) \_\_\_\_\_

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- Write a brief paragraph explaining why you should be chosen as part of this program and what make you different from other applicants?

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## Guidance Counselor Recommendation Form

Student Full Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Counselor Name: \_\_\_\_\_

To the Counselor: The student listed is applying to join the Classic Upward Bound Program (**CUB**) at Creighton University. We Would appreciate your evaluation of his/her overall academic and motivational skills. When you have completed this form, please return it to the student in a sealed envelope, email to [lucymontanez@creighton.edu](mailto:lucymontanez@creighton.edu) or [deannaprentice@creighton.edu](mailto:deannaprentice@creighton.edu), or fax to 402-280-3032.

Thank you in advance for your anticipated cooperation. Should you have any questions or concerns that about the evaluation process, please feel free to contact the Classic Upward Bound office at (402) 280-2958.

Please rate the applicant in the following categories (Check one):

	<i>Poor</i>				<i>Excellent</i>
	1	2	3	4	5
Academic Potential					
Initiative					
Self-Discipline					
Interpersonal Skills					
Communication Skills					

What areas do you feel this student needs the most help in or could benefit from? (Do not limit yourself to the list above):

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Please feel free to provide any additional information about this applicant: \_\_\_\_\_

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Guidance Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



### English Teacher Recommendation Form

Student Full Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

**To the Teacher:** The student listed is applying to join the Classic Upward Bound Program (**CUB**) at Creighton University. We would appreciate your evaluation of his/her overall academic and motivational skills. When you have completed this form, please return it to the student in a sealed envelope, email to [lucymontanez@creighton.edu](mailto:lucymontanez@creighton.edu) or [deannaprentice@creighton.edu](mailto:deannaprentice@creighton.edu), or fax to 402-280-3032.

Thank you in advance for your anticipated cooperation. Should you have any questions or concerns that about the evaluation process, please feel free to contact the Classic Upward Bound office at (402) 280-2958.

Please rate the applicant in the following categories (Check one):

	<i>Poor</i>				<i>Excellent</i>
	1	2	3	4	5
Academic Potential					
Initiative					
Self-Discipline					
Interpersonal Skills					
Communication Skills					

What areas do you feel this student needs the most help in or could benefit from? (Do not limit yourself to the list above):

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Please feel free to provide any additional information about this applicant: \_\_\_\_\_

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Teacher's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Math Teacher Recommendation Form

Student Full Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

**To the Teacher:** The student listed is applying to join the Classic Upward Bound Program (CUB) at Creighton University. We would appreciate your evaluation of his/her overall academic and motivational skills. When you have completed this form, please return it to the student in a sealed envelope, email to [lucymontanez@creighton.edu](mailto:lucymontanez@creighton.edu) or [deannaprentice@creighton.edu](mailto:deannaprentice@creighton.edu), or fax to 402-280-3032.

Thank you in advance for your anticipated cooperation. Should you have any questions or concerns that about the evaluation process, please feel free to contact the Classic Upward Bound office at (402) 280-2958.

Please rate the applicant in the following categories (Check one):

	<i>Poor</i>				<i>Excellent</i>
	1	2	3	4	5
Academic Potential					
Initiative					
Self-Discipline					
Interpersonal Skills					
Communication Skills					

What areas do you feel this student needs the most help in or could benefit from? (Do not limit yourself to the list above):

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Please feel free to provide any additional information about this applicant: \_\_\_\_\_

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Teacher's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Science Teacher Recommendation Form

Student Full Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

**To the Teacher:** The student listed is applying to join the Classic Upward Bound Program (CUB) at Creighton University. We would appreciate your evaluation of his/her overall academic and motivational skills. When you have completed this form, please return it to the student in a sealed envelope, email to [lucymontanez@creighton.edu](mailto:lucymontanez@creighton.edu) or [deannaprentice@creighton.edu](mailto:deannaprentice@creighton.edu), or fax to 402-280-3032.

Thank you in advance for your anticipated cooperation. Should you have any questions or concerns that about the evaluation process, please feel free to contact the Classic Upward Bound office at (402) 280-2958.

Please rate the applicant in the following categories (Check one):

	<i>Poor</i>				<i>Excellent</i>
	1	2	3	4	5
Academic Potential					
Initiative					
Self-Discipline					
Interpersonal Skills					
Communication Skills					

What areas do you feel this student needs the most help in or could benefit from? (Do not limit yourself to the list above):

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Please feel free to provide any additional information about this applicant: \_\_\_\_\_

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Teacher's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## **CLASSIC UPWARD BOUND PROGRAM**

**Mrs. Anitra Townsend, Project Director**

Telephone: 402-280-2050

E-mail: [afd@creighton.edu](mailto:afd@creighton.edu)

**Ms. Deanna Prentice, Senior Coordinator**

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**Mrs. Lucy Montanez, Coordinator**

Telephone: 402-280-2267

E-mail: [lucymontanez@creighton.edu](mailto:lucymontanez@creighton.edu)

### **OFFICE:**

Labaj Building

523 North 20th Street

Omaha, NE 68178

Telephone: 402.280.2958 \* Fax:402.280-3032

Office Hours: 8:00 a.m. - 4:30 p.m. Monday-Friday

### **ALL INFORMATION IS CONFIDENTIAL**

*Please note that all information provided in this application is protected by the privacy act. However, the Department of Education does have the authority to gather statistical data about the program and its participants to improve and measure the success of the Classic Upward Bound Program.*

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