

Policies and Procedures

<i>Section:</i> School of Medicine		<i>NO.</i>				
<i>Chapter:</i> Colon and Rectal Surgery	<i>Issued:</i> 10/22/2019	<i>REV. A</i>	<i>REV. B</i>	<i>REV. C</i>		
<i>Policy: Clinical and Education Work Hours</i>		<i>Page 1 of 3</i>				

PURPOSE

GME Programs, in partnership with Creighton University, must design an effective program structure that is configured to provide residents with educational and clinical experience opportunities, as well as reasonable opportunities for rest and personal activities.

SCOPE

This policy applies to all Creighton University **Colon and Rectal Surgery residents**

POLICY

Creighton University Colon and Rectal Surgery Residency Program complies fully with the ACGME, and Colon and Rectal Surgery RRC, Clinical and education work hour guidelines. These guidelines are summarized as follows:

1. Clinical and education work hours are limited to 80 hours per week averaged over a 4 week period.
2. Residents will be provided 1 day in 7 free from all educational and clinical responsibilities, averaged over a 4 week period.
3. Continuous on-site duty must not exceed 24 consecutive hours. Residents may remain on duty for up to 4 additional hours for activities related to patient safety, such as providing effective transitions of care, and/or resident education.
4. A Review Committee may grant exceptions for up to 10% or a maximum of 88 hours to individual programs based on a sound educational rationale.
5. No new patients may be accepted after 24 hours of continuous duty.
6. Adequate time for rest and personal activities will be provided. This will consist of an 8 hour time period provided between clinical work and education periods.

Colon and Rectal Surgery resident clinical and education work hours are subject to the 80 hours per week limit as stated above. Although call is taken from home, resident may be required to return to the hospital to assist in the care of a critically ill patient or to perform a procedure. The hours the resident spends in the hospital count toward the 80 hour limit for the week.

All residents are required to submit their clinical and education work hours at the end of the week in New Innovations. The duty hours are regularly monitored by the program coordinator and the program director. Residents should report to the program director and coordinator if the clinical and education work hour guidelines are violated in any way. The clinical and

Policies and Procedures

<i>Section:</i> School of Medicine		<i>NO.</i>				
<i>Chapter:</i> Colon and Rectal Surgery	<i>Issued:</i> 10/22/2019	<i>REV. A</i>	<i>REV. B</i>	<i>REV. C</i>		
<i>Policy: Clinical and Education Work Hours</i>		<i>Page 2 of 3</i>				

education work hour data is reviewed to confirm that the program is in compliance with the Clinical Experience and Education hour policy.

Colon and Rectal Surgery Monitoring of Clinical and Educational Work Hours

1. All duty hours must be registered daily in New Innovations. There will be weekly checks of the duty hour logs to ensure compliance. Falsification of duty hours or not registering duty hours will result in disciplinary action up to and including termination from the program.
2. If a resident is asked to work beyond ACGME duty hour requirements on any service, the resident must inform the Program Director or Residency Coordinator immediately.

Protocol if a resident violates the duty hour policy:

If a resident goes over duty hours, the incident resulting in the violation will be reviewed with the resident and faculty involved. Education of both resident and faculty will take place emphasizing the importance of duty hours.

The monitoring frequency of duty hours will increase if a violation occurs, to catch the problem “real-time”, in an attempt to avoid future violations.

If subsequent violations occur, then additional action will be taken with the resident and faculty if need be.

Policy to ensure that residents have adequate rest between daily duty periods:

If residents feel they need additional rest, they are encouraged to take it. If a faculty feels a resident needs additional rest, the faculty will ensure the resident is relieved of duties.

Policies and Procedures

<i>Section:</i> School of Medicine		<i>NO.</i>				
<i>Chapter:</i> Colon and Rectal Surgery	<i>Issued:</i> 10/22/2019	<i>REV. A</i>	<i>REV. B</i>	<i>REV. C</i>		
<i>Policy: Clinical and Education Work Hours</i>		<i>Page 3 of 3</i>				

REFERENCES

<https://www.acgme.org/>

AMENDMENTS OR TERMINATION OF THIS POLICY

Creighton University reserves the right to modify, amend or terminate this policy at any time.

The GME policy supersedes all program level policies regarding this area/topic. In the event of any discrepancies between program policies and the GME policy, the GME policy shall govern.