



Ignatian Wisdom Groups Benefit Professional Students in the School of Pharmacy and Health Professions

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Doctor of Pharmacy Distance Candidate

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Doctor of Occupational Therapy Campus Candidate

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Origins of Ignatian Wisdom Groups

Ignatian Wisdom Groups were initiated at Creighton University by Fr. Greg Carlson SJ and Fr. Larry Gillick SJ in 2012. In 2016, this practice was introduced to the School of Pharmacy and Health Professions by the school's chaplain, Diane Jorgensen.

As students participate in Wisdom Groups, they dedicate time to reflect on their lives, feelings, and surroundings. These meetings provide a confidential and respectful space for members to freely express difficulties, worries, joys, and victories. Wisdom Groups promote honesty, support, confidentiality, self-awareness, and growing self-acceptance.

Workings of Wisdom Groups

- Meet every other week
- Organized and facilitated by Diane Jorgensen, Chaplain
- Meet in person or via Zoom – a web conferencing platform
- Attempt to keep same groups together over several semesters
- Grow together



Benefits to Students

Wisdom Groups provide a space for students to bond inter-professionally. Each session encourages reflection, support, and growth. Students build relationships with one another and create mindfulness of their present state.

"[Wisdom Groups] provided a great platform to speak with those who truly understood the blood, sweat and tears that go into [my program]. I left every meeting feeling uplifted and refreshed."



Incorporation of Ignatian Values

Magis

Ignatian Wisdom Groups show that Creighton is doing "more" by providing opportunities to strengthen our educational experience.

Men and Women For and With Others

Wisdom groups are an avenue for students to encourage and help fellow students.

"It gave me the opportunity to help and receive help in struggles we were experiencing, and discuss topics that helped me grow as a person and future practitioner"

Cura Personalis

Wisdom groups focus on the entire person – their wellbeing emotionally, spiritually, educationally, and mentally.

"Wisdom groups [...] gave me an opportunity to connect. I was able to get to know my group-mates as their whole selves. We are more than just students, and I felt this group catered to that."

Finding God in All Things

Each session, group members share a moment that has brought them joy or something for which they are grateful.

