



## LDR - Ignatian Leadership: Ethics and Reflection

### Course Overview

Consistent with the ideal that leadership is an ongoing process and a way of living, this course explores the ethical foundations that assist in the formation of a leader's personal and professional development and practices. Students will be provided with an introductory framework in leadership development, ethical theory, and Ignatian perspectives while engaging in reflective practices. This course promotes leadership development through the study of leadership principles and encourages the practical application of leadership at multi-levels as seen through the Creighton University mission and Jesuit values espoused by the University. The course is designed to be interactive and thought provoking while encouraging self-assessment and value development.

#### Course Objectives:

1. Articulate their reflections on what it means to lead in a manner that embodies Ignatian values, follows ethical principles, and welcomes diversity.
2. Develop a personal understanding of oneself as an ethical leader
3. Develop a personal plan for learning and serving in and beyond this course
4. Practice reflection in everyday life using principles of Ignatian spirituality
5. Consider their personal leadership style in relation to their desires and gifts in order to use them to be men and women for and with others

### Student Feedback

On average, **70%** of students who took the course responded to the course survey.

**83%** said the course helped them connect Ignatian principles to their leadership abilities

**83%** this course helped them think differently about themselves as a leader

**93%** Rated the course as an excellent course

*"...this class was life changing. I learned every day skills that I needed to work on to become a better version of myself."*

*"I LOVE THIS CLASS- it was the highlight on my week and my favorite class that I have taken at Creighton! I feel like every student at Creighton needs to take this class!!! it is absolutely amazing!"*

*"I would recommend this course to anyone looking to grow closer to God and further their leadership skills."*

### Alumni Reflections

**43%** of course alumni responded to a short survey regarding their engagement with the principles of the course and whether they're still applying them in their daily lives.

**100%** of respondents shared that this course was beneficial to them as a person.

When asked what course concepts they still use in their daily life, they responded:

- **41%** - Leadership Skills and Concepts
- **29%** - Reflection and Discernment
- **18%** - Value in Personal Time

#### Quotes from Course Alumni

*"The course has allowed me to reflect on what it means to be a servant leader on campus. I've been reflective on my commitments and what I want to explore in the future towards my career. The course has allowed myself to be empowered to be both a leader and follower."*

*"This course offered great methods for reflection which I have used in my daily life to reflect on how my day is going, how I can improve upon things, what are things that I need to focus on or even let go."*

*"Taking time to reflect each day has been very beneficial since I took the course. Through all the changes that have happened in the past year, a positive constant is setting aside reflection time each day. It allows me to really consider my actions and their consequences in a more consistent manner."*

