



COVID-19 Checklist

What if I test positive for COVID-19?

1. **DO NOT COME TO CAMPUS. (If you live on campus, remain in your residence hall room.)**
2. Notify your instructors and/or supervisors regarding your absence and return.
3. Work with your health care provider for specific directives
(students also can contact the [CHI Health Clinic – Student Care Clinic](#))
4. **Isolate according to the guidance below.**

Students, faculty and staff not working with patients

- > Isolate for a minimum of 5 days.
 - Isolation days are counted from the date of symptom onset, OR from the date of a positive result if you are asymptomatic.
 - Consider the date of symptom onset or positive test result as day 0.
- > If after 5 days you are asymptomatic or your symptoms are resolving (fever-free for at least 24 hours without fever-reducing medications), you can discontinue isolation, but should continue to wear a face covering when around others for an additional 5 days to minimize the risk of transmission. There is no requirement to obtain a negative COVID-19 test prior to returning to work or school.
- > If after 5 days your symptoms are not resolving, continue to isolate until symptoms have improved and you are fever-free for at least 24 hours without fever-reducing medications.
- > If after 10 days your symptoms are not resolving, continue to isolate until symptoms have improved and you are fever-free for at least 24 hours without fever-reducing medications, and contact your health care provider or the [CHI Health Clinic – Student Care Clinic](#).

Health sciences students, faculty and staff working with patients

Applies to all students, faculty and staff in medicine, nursing, dentistry, pharmacy, physical therapy, occupational therapy, physician assistant, and Emergency Medical Services/EMS programs who are working with patients.

- > Isolate for 10 days.
 - Isolation days are counted from the date of symptom onset, OR from the date of a positive result if you are asymptomatic.
 - Consider the date of symptom onset or positive test result as day 0.
- > You can discontinue isolation with a negative antigen test on day 7, if you are asymptomatic or your symptoms are resolving (fever-free for at least 24 hours without fever-reducing medications). Those returning should strongly consider wearing a surgical mask or KN95 mask until the full 10 days has expired.
- > If after 10 days you are asymptomatic or your symptoms are resolving (fever-free for at least 24 hours without fever-reducing medications), you can discontinue isolation. There is no requirement to obtain a negative COVID-19 test prior to returning to work or school.
- > If after 10 days your symptoms are not resolving, continue to isolate until symptoms have improved and you are fever-free for at least 24 hours without fever-reducing medications, and contact your health care provider or the [CHI Health Clinic – Student Care Clinic](#).
- > If you are involved in clinical work, consult with your clinical location for further guidance.

Students living in campus housing should contact their Resident Director regarding questions about isolation. Students also should notify Student Health Education and Compliance (StudentHealth@creighton.edu) if they need to be absent for an extended time beyond the isolation period.

Questions? CoronavirusResponse@creighton.edu