



All Things Ignatian



Ignatian Discernment in Career Center Counseling



Career & Academic Planning (CAP) Program

RSP 200: Discernment and Decision – providing the Sophomore student ongoing advisement and discernment activities and events designed to help him or her decide on a full Plan of Study. Starting with self-selection of a Pre-Major Advisor, who will continue to work with the CCAS student until the student discerns their major, RSP 200 asks the student to reflect on the question “What is my passion?” The CAP Program works with and supports RSP 200 in recruiting and developing Pre-Major Advisors.



A student checks out the Justice & Society major at the Fall Major/Minor Exploration Fair put on by the Career Center.



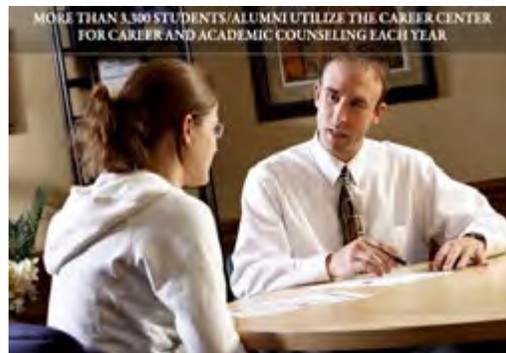
FOCUS - An online career and academic assessment tool used as a discernment activity by pre-major students...**Campbell Interest and Skills Survey (CISS)** - A survey of interests and skills that assesses occupational interest...**What Can I Do With This Major?** -- A resource that encourages students to study what they love and explore potential careers...**StrengthsQuest** – assessment tool created by the Gallup Organization to determine individual **strengths and talents** as they relate to academic learning and occupational choice...a discernment activity collaboratively administered by the CAP Program, RSP & Residence Life.



Self-Knowledge...

*“The Ignatian approach requires work. It asks that we make every reasonable effort to find God’s will. This involves a sincere commitment to pray and to achieve **self-knowledge**...gather all the relevant information about our alternatives...Decision making in the Ignatian mode involves both the heart and the mind. Then, discuss this matter with someone sensitive to Christian spiritual values...a counselor...discuss the matter in detail—its values and possibilities, your **strengths** and weaknesses.”*

Fr. Jim Manney www.ignatianspirituality.com



...Many of the ideals of Ignatian spirituality infuse our work; one of these is **discernment**. In the educational context, students are encouraged to do **self-assessment and reflection** as integral elements of their decision-making process. It is often the case that attentiveness to God plays a big role as they navigate their choices based on seeking to do God’s work in the world. Counselors in the Career Center assist students with both academic and career choices within this framework.

Career Services

The online career management system for Creighton University students, alumni, and employers is called **Jobs4Jays**. It allows all students to explore and apply for jobs and internships, as well as take part in other discernment activities like the Career & Post-Graduate Fair in the Fall, and the Career & Internship Fair in the Spring.



NEXUS is a collaborative internship effort administered by the Career Center and sponsored by the Cardoner Program. Internships are often vital to a student’s discernment of a career path. Many of our students embrace the Ignatian ideal of service, and are drawn to non-profit work. NEXUS (Latin for “Connection”) was conceived and created by the staff of the Creighton Career Center as a way to provide Creighton students internships in the non-profit sector in the Omaha community.

