

Community Health Advocate Program

Become a health advocate in your community. In this 10-week training program, which meets on Saturdays, you'll learn about prevention, identification and treatment of chronic disease. You'll also gain the tools you need to navigate the health care system.

**January 26, 2019–
April 6, 2019**
Saturdays 9 a.m. to Noon



Creighton University
Hixson-Lied Science Building
Room 428
2555 Burt St. Omaha, NE 68178

Tuition: \$90

**This is a university non-credit
professional development program.**

Class will not meet on March 16 due to Spring Break.

Apply at
excellence.creighton.edu/chap

PURPOSE

This program trains lay individuals (volunteers) as health advocates who can improve their communities' health. Volunteers learn how to help people develop better health habits, and they'll also learn how to use health care resources such as clinics and professionals. Upon completion, participants will be awarded a certificate that documents training.

PARTNERING ORGANIZATIONS

This program is administered by Creighton University Center for Promoting Health and Health Equity (CPHHE) in partnership with:

- Catholic Health Initiatives (CHI)
- Charles Drew Health Center
- Nebraska Center for Healthy Families
- Nebraska Urban Indian Health Coalition
- Omaha Housing Authority
- One World Community Health Centers
- Creighton University faculty

Community Health Advocate Program

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TOPICS

The program courses will cover:

- Community health advocate values and qualities
- Health disparities
- Chronic diseases
- Health literacy
- Privacy and confidentiality
- Basic anatomy
- Cardiopulmonary Resuscitation (CPR)
- First aid
- Vital signs
- Navigating the health care system
- Public safety strategies
- Cultural humility

REQUIREMENTS

Candidates for the Community Health Advocate Program must:

- Have a high school diploma or equivalent
- Be able to read, write and understand English at a 6th grade level or above
- Be willing to undergo the training by Creighton University, the Health Sciences Multicultural and Community Affairs Department, the Center for Promoting Health and Health Equity and its annual continuing education program
- Be reliable and dependable

Questions? Contact:

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Designed for:

The Community Health Advocate Program is designed for those over the age of 21 who want to volunteer as a lay advocate in the community.