

# Christian Spirituality Program

## Retreats

Creighton  
UNIVERSITY

### Eight-Day Silent Ignatian Retreats

May 17–May 26, 2024 | May 28–June 6, 2024

Now in its 50<sup>th</sup> year, Creighton University's globally recognized Christian Spirituality Program (CSP) invites you to an individually directed, eight-day, silent Ignatian retreat. Join an internationally diverse group of student directors and retreatants to relax, contemplate, and revel in God's abundant presence in your life.



Experience this unique opportunity at the beautiful Creighton University Retreat Center in Griswold, Iowa.

Directors will be Creighton CSP graduate students comprehensively trained in the evocative-contemplative approach of spiritual direction.

Retreat fee includes single occupancy room, ensuite bath, meals, and all costs related to direction and supervision. **\$850**

**\$200 deposit required** to reserve your spot. Reservations are accepted on a first-come basis.

#### Contact Liz Stevinson

csp@creighton.edu or 402.280.2501  
to reserve a space, or for more information.



*"The 8-day guided retreat offered me a sacred opportunity to be vulnerable before God and myself. The silence and beauty of the retreat center graced me with many holy moments to contemplate God's goodness. I am so grateful for the experience!"*

*"I was amazed at how the silence was so helpful in the retreat. I found myself able to listen to God, my director and myself more deeply."*

*"This retreat really allowed my soul to feel open and refreshed. I needed every minute of the eight days!"*

### **The 8-Day Silent Directed Ignatian Retreat**

“The nature of this retreat is such that there is minimal scheduled time together for the retreatants. There are no group presentations or conferences. Our daily rhythm will consist of three meals taken together in the silent atmosphere of the retreat as well as daily liturgy, the Mass, in which persons of all faith traditions are invited to participate. Each retreatant will be matched with a spiritual director based on the information provided in the application process. The focus of the daily spiritual direction sessions will be the retreatant’s prayer experience, their experience of God in the stuff of their daily life, what they are noticing about how God is present and so forth.”

“Basically, the retreat is a time of being (rather than doing), a time of entering more deeply into one’s relationship with God. The spiritual director might suggest some particular scripture passages to assist retreatants in staying grounded in their own experience of life, what they might sense that God is calling them to focus on at this point in their lives.”

“You may wonder why “Ignatian” is in the title. Briefly, this implies an underlying theme of the Spiritual Exercises. Namely, because we are loved by God unconditionally, we are invited to enter more fully - with our whole selves - into a relationship with Christ. And that results in our coming to view ourselves more consciously as participating in Christ’s mission, in the Kingdom of God ‘where the tire hits the road’ in our lives.”

*Sr. Janice Bachman, O.P., Faculty Member  
Graduate Program in Christian Spirituality*