



ACCELERATED PLAN

Bachelor of Arts in Communication Studies (BA) to Master of Science in Integrative Health and Wellness (MS)

FALL COURSES		CREDITS	SPRING COURSES		CREDITS	SUMMER, TRANSFER AND PRE-CU COURSES		CREDITS
RSP: Intro to Collegiate Life	0.5		RSP: Intro to Collegiate Life	0.5				
Composition	3		Critical Issues	3				
Philosophical Ideas	3		Oral Communication	1				
Understanding Natural Science	2		Christian Tradition	3				
Foreign Language	4		Fine Art	3				
COM 200 Communication Practices	3		Elective/Minor Credit	3				
TERM SUBTOTAL:	15.5		COM 300 Communication					
			Research Methods	3				
			TERM SUBTOTAL:	16.5				
Math Reasoning	3		Literature	3				
Global Perspectives	3		Biblical Tradition	3				
Ethics	3		Doing Natural Science	4				
Elective/Minor Credit	3		Elective/Minor Credit	3				
COM 359 Rhetoric and			COM 361 Interpersonal					
Public Culture	3		Communication	3				
TERM SUBTOTAL	15		TERM SUBTOTAL:	16				
Ultimate Questions	3		Elective/Minor Credit	3				
Elective/Minor Credit	3		Elective/Minor Credit	3				
Elective/Minor Credit	3		Elective/Minor Credit	3				
Elective/Minor Credit	3		Elective/Minor Credit	3				
COM 360 Organizational			COM 496 Communication Internship					
Communication Theories	3		and Professional Development	3				
COM Elective	3		COM Elective	3		GRD 600 Orientation to Creighton	0	
TERM SUBTOTAL:	18		TERM SUBTOTAL:	18		TERM SUBTOTAL:	0	
Intersections	3		Elective/Minor Credit	3				
COM 497 Senior Research			Elective/Minor Credit	3				
in Communication Studies	3		COM 490 Communication					
COM Elective	3		and Community	3				
GRD 601 Writing for			IHW 651 Nutrition for					
Graduate Students	1		Chronic Disease (Term 1)	3				
IHW 591 Advanced			IHW 652 Exercise for					
Lifestyle Medicine (Term 1)	2		Chronic Disease (Term 2)	3		653 Stress and Sleep Management	3	
IHW 650 Health Behavior						IHW Elective	3	
Modification (Term 2)	3		TERM SUBTOTAL:	15		TERM SUBTOTAL:	6	
TERM SUBTOTAL:	15							
IHW 501 Personal Development			IHW 780 Health and Wellness Coach					
(Term 1)	3		Skills, Techniques, and Tools -OR-					
IHW 760 Advanced Health			Elective (Term 1)	3				
and Wellness Coaching (Term 1)	3		IHW 670 Research Methods					
IHW 781 Health and Wellness			and Program Design (Term 2)	3				
Coaching: Theory to Practice			IHW 799 Capstone in Health					
-OR- Elective (Term 2)	3		and Wellness Coaching (Term 2)	3				
TERM SUBTOTAL:	9		TERM SUBTOTAL:	9				

GRAND TOTAL: **153**
117 Undergraduate + 36 Graduate Credit Hours
12 credit hours used by both BA and MS Degree



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CORE REQUIREMENTS	CREDITS	COURSES IN MAJOR THAT SATISFY THE CORE REQUIREMENT	MAJOR	CREDITS
MAGIS CORE—FOUNDATIONS			COMMUNICATION MAJOR	
Composition	3		COM 200 Communication Practices	3
Critical Issues*	3		COM 300 Communication Research Methods	3
Oral Communication	1		COM 359 Rhetoric and Public Culture	3
Math Reasoning	2		COM 360 Organizational Communication Theories	3
Philosophical Ideas	3		COM 361 Interpersonal Communication	3
Christian Tradition	3		COM 490 Communication and Community	3
MAGIS CORE—EXPLORATIONS			COM 496 Communication Internship and Professional Development	3
Understanding Natural Science	4	COM 200 Communication Practices	COM 497 Senior Research in Communication Studies	3
Understanding Social Science	3			
Global Perspectives	3			
Literature	3			
Ethics	3			
Biblical Tradition	3			
Fine Arts	3			
Foreign Language	4			
MAGIS CORE—INTEGRATIONS				
Intersections*	3			
Doing Natural Science	4			
Doing Social Science	3	COM 361 Interpersonal Communication		
Ultimate Questions	3			
DESIGNATED COURSES				
Oral Communication		COM 497 Senior Research in Communication Studies		
Written Communication		COM 359 Rhetoric and Public Culture		
Statistical Reasoning		COM 300 Communication Research Methods		
Ethics		COM 490 Communication and Community		
Technology		COM 360 Organizational Communication Theories		
			12 elective hours, 9 of which should be numbered 300-level and above.	
			MAJOR SUBTOTAL	36

Masters classes shown in **LIGHT BLUE** will be taken while an undergraduate student.
Masters classes shown in **GRAY** will be taken while a graduate student.

OTHER NOTES

This plan is an example of Creighton's **Accelerated Bachelor's to Master's** program and how one might accomplish this path. Please note, each student will have a unique background and set of circumstances that must be considered in their plan.

Communication courses could wait to be taken spring semester of first year or in second year. Contact the department chair for questions

*Recommend COM courses for Foundations: Critical Issues and Integrations: Intersections.
See Course Catalog or department chair for available courses..

FOR MORE INFORMATION

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Creighton
UNIVERSITY

Graduate School