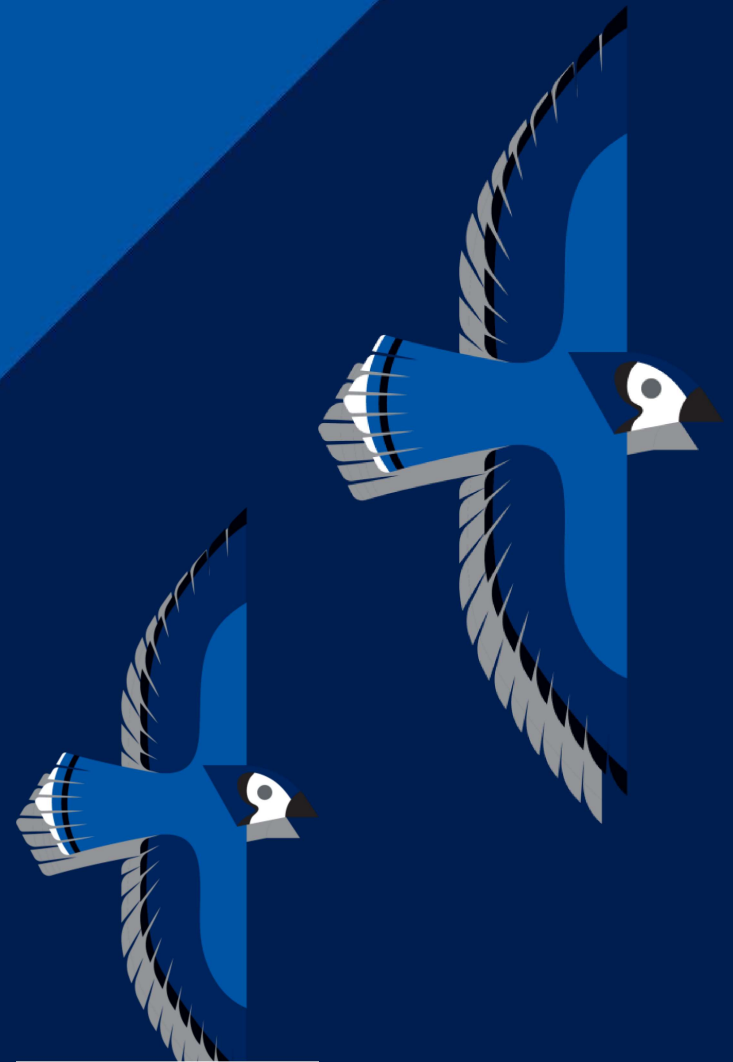


Family Medicine Residents

Creighton University School of
Medicine – Phoenix

2022-2023



Anusha Abbas, DO PGY-3



- **Born:** Faisalabad, Pakistan
- **Undergrad:** Arizona State University
- **Medical School:** Western University COMP - Pomona, CA
- **Practice Interest:** I love everything! The diversity helps me enjoy the day.
- **Why did you pick Creighton Phoenix:** The people. I felt an instant click with almost every resident and faculty I encountered, and I could tell they really value that here. It was not only close to home but felt like home too!
- **Best thing(s) about Arizona:** Our colorful sunsets, lively food scene, and the character development that comes with being a Phoenix Suns fan.
- **Plans for after graduation:** I am planning to work outpatient, and hope to place focus on behavioral, integrative and contemplative medicine in my practice.

Kevin Cleary, MD PGY-3



- **Born:** Carson City, Nevada
- **Undergrad:** University of Nevada, Reno
- **Medical School:** University of Nevada, Reno
- **Practice Philosophy:** Every seemingly small thing you talk about could be that patient's entire world for that moment, take the time to address it with compassion and significance.
- **Why did you pick Creighton Phoenix:** Of course the people, and the breadth of experience to pursue here.
- **Best thing(s) about Arizona:** So much good food!
- **Plans for after graduation:** Inpatient Hospitalist.

Tim Hollowed, MD PGY-3



- **Born:** Glen Ellyn, Illinois
- **Undergrad:** Illinois Wesleyan University
- **Medical School:** Ross University School of Medicine
- **Practice Philosophy:** Go into the world and do well. But more importantly, go into the world and do good.
- **Why did you pick Creighton Phoenix:** My fiancé was a PGY-3 here when I joined as an intern. I got to know some of the faculty and residents and became friends with a lot of them before even applying. It is an academically prestigious and very well-rounded program in an amazing city.
- **Best thing(s) about Arizona:** Daily sunshine- it is always sunny on your days off.
- **Plans for after graduation:** Outpatient primary care.

Jordan Maxwell, DO PGY-3



- **Born:** Hood River, Oregon
- **Undergrad:** Brigham Young University
- **Medical School:** Kansas City University of Medicine and Biosciences
- **Practice Philosophy:** Treat patients like family and give them the very best care possible.
- **Why did you pick Creighton Phoenix:** The people in this program were amazing when I interviewed and that has held true throughout residency. I wanted a program where I would gain lots of experience, see a diverse patient population, and gain first-hand experience with a plethora of pathologies.
- **Best thing(s) about Arizona:** Year-round golfing, pickleball, and outdoor activities.
- **Plans for after graduation:** Sports Medicine Fellowship.

Simar Singh, DO PGY-3



- **Born:** Houston, Texas
- **Undergrad:** Baylor University
- **Medical School:** AT Still University School of Osteopathic Medicine - Arizona
- **Practice Philosophy:** Whole person healthcare as social determinants of health greatly impact health and access to healthcare.
- **Why did you pick Creighton Phoenix:** I chose this residency for the people, everyone is approachable and caring. A comfortable environment to learn in is the best kind.
- **Best thing(s) about Arizona:** The scenery! The sunshine! Lots of outdoor things and the heat only lasts a few months of the year.
- **Plans for after graduation:** Outpatient Medicine.

Vineet Syal, MD, MHA PGY-3



- **Born:** Tarn Taran, India
- **Undergrad:** University of South Florida
- **Medical School:** University of Medicine and Health Sciences, St. Kitts
- **Practice Philosophy:** Treat each patient as your family member. Provide patient-centered care.
- **Why did you pick Creighton Phoenix:** Great attendings, diverse, resident-centered.
- **Best thing(s) about Arizona:** Great weather all year round.
- **Plans for after graduation:** Outpatient Medicine.

Anne Tang, MD PGY-3



- Born:** Fullerton, California
- Undergrad:** University of California at Los Angeles
- Medical School:** Creighton University School of Medicine-Phoenix
- Practice Philosophy:** My goal is to treat my patients how I would treat my own family. I want them to know I put their best health interests first and am dedicated to working together with them to achieve their health goals.
- Why did you pick Creighton Phoenix:** I was lucky enough to complete all my clinical rotations in Phoenix, and I loved the city and wanted to stay. But most importantly, during my Family Medicine rotation as a medical student, I got to know the residents and faculty. I really enjoyed working with them and knew they were kind, supportive people that I could learn from and become friends with!
- Best thing(s) about Arizona:** Hiking, great food, short drive to Sedona, Flagstaff, Southern California, and Las Vegas.
- Plans for after graduation:** Outpatient clinic.

Chandra Tontsch, MD PGY-3



- **Born:** Tucson, Arizona
- **Undergrad:** The University of Arizona
- **Medical School:** The University of Arizona College of Medicine - Tucson
- **Practice Philosophy:** Treat every patient with compassion and dignity. I like to focus on patient education and empowerment. Likewise, I strive to learn and grow from every patient encounter.
- **Why did you pick Creighton Phoenix:** THE PEOPLE (and good location, but #1 the residents and faculty).
- **Best thing(s) about Arizona:** The diversity in ecosystems and beauty of Arizona. Living in Central Phoenix has been great, with access to just about anything you can imagine (food, entertainment, transportation, etc.).
- **Plans for after graduation:** Hospital Medicine.

Hana Alkahlout, MA, DO PGY-2



- **Born:** Charlotte, North Carolina
- **Undergrad:** Arizona State University
- **Medical School:** Arizona College of Osteopathic Medicine - Midwestern
- **Practice Philosophy:** Treating the whole person.
- **Why did you pick Creighton Phoenix:** I wanted to serve the underserved in an inclusive program that fosters growth where I would feel at home. I am fortunate to have been matched here and would choose this program all over again.
- **Best thing(s) about Arizona:** Outdoor sports, wintertime, a lot of great restaurants with lots of variety, beautiful people.
- **Plans for after graduation:** Outpatient Medicine and possibly take up a teaching role at some point.

Fadi Assaf, MS, MD PGY-2



- **Born:** St. Louis, Missouri
- **Undergrad:** St. Louis University
- **Medical School:** Creighton University - Omaha
- **Practice Philosophy:** I try to keep in mind the multiple roles I play as a provider. I am not just treating a problem, but also educating, establishing a strong relationship, and exemplifying leadership skills.
- **Why did you pick Creighton Phoenix:** As a Creighton medical student, I had the opportunity to rotate through this Family Medicine service, which gave me an honest look at its many aspects. I quickly realized the learning opportunities, strong relationships, and supportive work environment were exactly what I wanted as a resident. Additionally, I knew I loved Phoenix too much to leave so soon.
- **Best thing(s) about Arizona:** The variety of outdoor activities available is unmatched by most regions. There are various picturesque hikes throughout the state that allow you to appreciate its geographic beauty. Also, the food scene here is incredible. The nightlife in Phoenix is fun, with something to do or somewhere to go for everyone.
- **Plans for after graduation:** It may be too early to answer this question. However, I would be happy to stay in Phoenix long-term if possible.

Christine Erie, MD PGY-2



- **Born:** New York City, New York
- **Undergrad:** Cornell University
- **Medical School:** Florida Atlantic University
- **Practice Philosophy:** Treat every patient as if they were your family member.
- **Why did you pick Creighton Phoenix:** Creighton FM is a university-based residency program with supportive attendings and welcoming, friendly residents.
- **Best thing(s) about Arizona:** Great weather year-round, amazing hikes/nature trails, proximity to many cities (Tucson, Sedona, San Diego, LA).
- **Plans for after graduation:** I hope to practice Family Medicine in the outpatient setting and remain active in Advocacy.

Anna Mathew, DO PGY-2



- **Born:** Chandler, Arizona
- **Undergrad:** The University of Arizona
- **Medical School:** A.T. Still University School of Osteopathic Medicine in Arizona
- **Practice Philosophy:** My goal as a provider is to provide quality, affordable, and accessible care to my patients.
- **Why did you pick Creighton Phoenix:** I believe that any accredited residency program has what it takes to teach you what you need to know to make you a competent physician. What changes your experience is the people! For me, I loved the warmth, kindness, and well-roundedness that everyone in the program exuded. I knew these residents were people I'd love to spend time with. And now, they've become like a second family!
- **Best thing(s) about Arizona:** Some of my favorite parts of living here: the sunsets, amazing hikes, beautiful weather, various terrain (snowy slopes, mountains, lakes, you name it!), home to one of the 7 wonders of the world, and THE BEST people!
- **Plans for after graduation:** I'd love to practice in Tempe and work with college-aged students in an outpatient setting!

Ronnie Otieno, DO PGY-2



- **Born:** Kisumu, Kenya
- **Undergrad:** Washington University in St. Louis
- **Medical School:** A.T. Still University College of Osteopathic Medicine in Kirksville, Missouri
- **Practice Philosophy:** Treat everyone with love, like you would treat your mother or family, and then treat them with medicine.
- **Why did you pick Creighton Phoenix:** The people and the population that it serves. The program is very intentional about service.
- **Best thing(s) about Arizona:** Diverse culture, the sun, and nature around it.
- **Plans for after graduation:** We will see! May the new day reveal its face!

RJ Parkinson, DO PGY-2



- **Born:** Mesa, Arizona
- **Undergrad:** Arizona State University
- **Medical School:** New York Institute of Technology College of Osteopathic Medicine - Arkansas
- **Practice Philosophy:** Patient-centered, holistic, preventative medicine.
- **Why did you pick Creighton Phoenix:** Excellent attending physicians, healthcare system focused on urban underserved, location close to home.
- **Best thing(s) about Arizona:** Year-round sun/swimming, day trips to the beach/mountains, great suburbs.
- **Plans for after graduation:** Clinic/urgent care within the Phoenix metro area.

Joshua Ulanday, MD PGY-2



- **Born:** Manila, Philippines
- **Undergrad:** Creighton University - Omaha
- **Medical School:** Creighton University - Omaha
- **Practice Philosophy:** Collaborative and patient-centered. I believe in developing long-term partnerships with patients and their families to optimize their mental and physical health in an ever-changing healthcare system.
- **Why did you pick Creighton Phoenix:** Opportunity to serve an underserved population in a growing urban center.
- **Best thing(s) about Arizona:** Hiking. Winter weather is light jacket weather, and the ability to road trip and take direct flights to desirable locations.
- **Plans for after graduation:** DPC, hospital leadership, or fellowship in informatics.

Victoria Wadman, MS, DO PGY-2



- **Born:** Glendora, California
- **Undergrad:** Brigham Young University – Provo
- **Medical School:** Arizona College of Osteopathic Medicine - Midwestern
- **Practice Philosophy:** The best possible care is achieved when you can understand the multi-faceted nature of the patient's wellness and offer the adaptability/flexibility to tailor treatment to their specific needs.
- **Why did you pick Creighton Phoenix:** It was clear that the residents were incredibly kind and supportive of each other. I loved that the program treats residents as partners in the practice, and I really wanted to learn to manage all aspects of care within medically underserved populations.
- **Best thing(s) about Arizona:** No snow! Well, unless you want to drive a couple hours north. But I truly love that it's warm enough to comfortably spend nearly all year outside. There are so many cool things to explore, including tons of family-friendly activities, and there's such a great mix of cultures to experience!
- **Plans for after graduation:** Definitely continuing to serve medically underserved populations.

Hira Ali, DO PGY-1



- **Born:** Los Angeles, California
- **Undergrad:** Arizona State University
- **Medical School:** Arizona College of Osteopathic Medicine - Midwestern
- **Practice Philosophy:** I hope to empower patients with the resources and counseling to feel confident in making healthy informed decisions. Primary care is the home base for patient health care and continuing health education.
- **Why did you pick Creighton Phoenix:** My residency selection hinged on select, important criteria: academics, a kindhearted & generous community, the opportunity to explore my medical interests including advocacy, integrative medicine, medical Spanish, underserved/global medicine, and a varied curriculum. I was looking for a residency family, and I found it.
- **Best thing(s) about Arizona:** The sunsets, the mountains, the hikes, the speed limit and grid-like road layout, easy accessibility in terms of stores/schools, etc., kind/sunny people and state (pun intended), the rain/the sky, did I mention sunsets & sunrises?
- **Plans for after graduation:** I envision myself working part-time outpatient, volunteering at free health clinics, and traveling for disaster relief. I've been considering a global medicine fellowship as well.

Andrew Farr, MD PGY-1



- **Born:** Bakersfield, California
- **Undergrad:** Creighton University – Omaha
- **Medical School:** Creighton University – Omaha
- **Practice Philosophy:** To be my patient's teammate, advocate, and guide on their journey to a healthy mind, body, and spirit.
- **Why did you pick Creighton Phoenix:** I really enjoyed the conversations I had with the current residents and the curriculum is great. The ability to work at an FQHC was also really important to me.
- **Best thing(s) about Arizona:** The hikes, tons of restaurants, first Friday, and breweries.
- **Plans for after graduation:** I'll most likely be heading back to Bakersfield to work with my father in his family medicine clinic.

Daniel Fu, MA, DO PGY-1



- **Born:** San Francisco, California
- **Undergrad:** University of Pennsylvania
- **Medical School:** Arizona College of Osteopathic Medicine
- **Practice Philosophy:** To treat every patient with absolute honesty, empathy, and respect.
- **Why did you pick Creighton Phoenix:** Creighton's commitment to taking care of the underserved, leading to a diverse and complex patient base. Creighton's amazing commitment to resident education and wellness.
- **Best thing(s) about Arizona:** Plenty of hiking spaces for those who want to immerse themselves in nature. Amazing, connected cities offering a plethora of restaurants, recreational activities, and other services. Suburban and urban living conditions for those who prefer one or the other.
- **Plans for after graduation:** I hope to seek a fellowship in sports medicine after completing my residency. I hope to work in a private practice clinic.

Sarah Goaslind, DO PGY-1



- **Born:** Salt Lake City, Utah
- **Undergrad:** Brigham Young University
- **Medical School:** Rocky Vista University
- **Practice Philosophy:** Empower patients through education and counseling, so they can make the best choices for their own health.
- **Why did you pick Creighton Phoenix:** Ultimately, I chose Creighton because of the impression I received during interviews of it being not only firmly established but also full of grounded, friendly, and experienced faculty. I was influenced by the diverse patient population, the sense of camaraderie among the residents and faculty, the reputation of the program, and the location.
- **Best thing(s) about Arizona:** The sunshine! Yes, it gets hot in the summer, but every other time of the year is glorious. Endless food choices, nearby hiking and recreational areas, plenty of shopping, and a good freeway system that makes getting around convenient.
- **Plans for after graduation:** I'm interested in a preventive medicine fellowship to gain more skills in guiding patients toward healthy lifestyles so they can live their best lives.

Ritika Jain, MD PGY-1



- **Born:** Haridwar, India
- **Undergrad:** Vanderbilt University
- **Medical School:** Lewis Katz School of Medicine at Temple University
- **Practice Philosophy:** Treat each patient with compassion and respect, providing the best care I possibly can.
- **Why did you pick Creighton Phoenix:** I could tell right away that this was a program that sincerely cared for their patients AND their residents. Everyone is so welcoming and so willing to help and teach in any way possible.
- **Best thing(s) about Arizona:** TACOS, shorts in winter, great restaurants, the Grand Canyon, Antelope Canyon, tons of places to see and explore.
- **Plans for after graduation:** Hopefully still in Arizona seeing a diverse patient panel. Still trying to decide whether I want to pursue a geriatric fellowship but that will be something I figure out during these next few years.

George Liow, DO PGY-1



- **Born:** Fremont, California
- **Undergrad:** University of California, Davis
- **Medical School:** A.T. Still University School of Osteopathic Medicine - Arizona
- **Practice Philosophy:** To treat patients with equity, respect, and kindness regardless of circumstance.
- **Why did you pick Creighton Phoenix:** I believe the culture here is optimal for resident learning. There are a variety of topics taught in a non-judgmental and friendly way that facilitates me to grow professionally daily. In addition, I feel there is an emphasis on patient-centered care here which allows residents to refine their interpersonal skills while developing meaningful relationships.
- **Best thing(s) about Arizona:** The abundance and variety of delicious foods and the cool (but not cold) winters!
- **Plans for after graduation:** I intend to work in an urban/suburban environment practicing in an outpatient clinic.

Mitchell Spencer, DO PGY-1



- **Born:** Mesa, Arizona
- **Undergrad:** Brigham Young University
- **Medical School:** Idaho College of Osteopathic Medicine
- **Practice Philosophy:** Patient-centered, physician supported while improving patient education.
- **Why did you pick Creighton Phoenix:** Great residents with a very supportive culture. Faculty understand the purpose of a residency; they are approachable and promote education while keeping it appropriately challenging for residents.
- **Best thing(s) about Arizona:** Lots of great places to visit and things to do in the Phoenix metro area and beyond. Great state and national parks. Only a few hours south towards Mexico, a few hours north towards Flagstaff for winter sports, and decently close to California for the beach.
- **Plans for after graduation:** Looking to find a job where I can practice both inpatient and outpatient medicine, likely in a rural setting.

Eliran Zadikov, MD PGY-1



- **Born:** Israel
- **Undergrad:** Arizona State University
- **Medical School:** American University of the Caribbean School of Medicine
- **Practice Philosophy:** Establishing a healthy relationship with patients yields better care outcomes.
- **Why did you pick Creighton Phoenix:** I was looking for a residency in my hometown where I am able to make the most change in my community. I also really liked the diverse pool of residents and faculty who were very helpful, ultimately making Creighton FMR the perfect fit for me.
- **Best thing(s) about Arizona:** The mountains, scenery and sunset views are incredible everywhere. Sedona isn't too far north if you want to see some red mountains.
- **Plans for after graduation:** Community clinic or a fellowship in urgent care.

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