

# The Heart of Gratitude Retreat

SATURDAY — OCTOBER 21, 2023

8:30AM—3:30PM

Receive God's gracious gifts,  
Cultivate grateful hearts,  
Share generous blessings  
while in the abundant nature of God's creation

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Day's activities will include prayer, reflection,  
small group sharing, and walking in nature.

\*Wear good walking shoes; bring a journal and pen.

Facilitated by Retreat Leaders & Spiritual Directors:

Brenda Stalbaum Martin and Kathy Kemler

**\$60** includes lunch

Payment due at time of registration; fully refundable if  
canceled 48 hours before retreat begins.

Register at: QR code or at [curc@creighton.edu](mailto:curc@creighton.edu)



Creighton University Retreat Center

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