

LET'S MOVE. LET'S REACH.™

SATURDAY
SEPT. 20, 2025
9 A.M. – 2 P.M.

**FREE
TO THE
PUBLIC!**

8th annual LET'S MOVE, LET'S REACH Physical Activity Day 24th and Lake

Free fitness and well-being events for all ages. Activities will include: one mile walk/run, group fitness, drill teams, basketball, kids zone, food trucks and more!

This event is a positive way to celebrate the community spirit of North Omaha and learn more about physical activity in reducing the risk of chronic disease and improving quality of life.

More information: contact 402.280.2332
cphhe@creighton.edu

Please click here for Event & Activity Registration:



WALK/RUN : 8AM @ 24th & Cuming to Lake Streets



Creighton University
Center for Promoting Health and Health Equity
(CPHHE)
Racial and Ethnic Approaches to Community Health
(REACH)



**Center for Promoting
Health and Health Equity**