



Division of Student Life
Student Health Education and Compliance

Isolation for COVID-19: What you need to know.

What isolation?

- Isolation helps protect the public by preventing exposure to people who have or may have a contagious disease.
- Isolation separates sick people with a contagious disease from people who are not sick.

How does one isolate?

- Stay in a designated room and away from other people.
- Use a private bathroom
- If you must leave your isolation space for a medical appointment, you must wear a mask.

How long will I need to be in quarantine?

The CDC recommends isolation until fever free for 48 hours without use of fever reducers such as acetaminophen (Tylenol) and ibuprofen (Motrin and Advil).

I am isolated in a room in a residence hall at Creighton. What does this look like?

- Meals will be delivered to your room.
- Masks will be provided and it is important that they be worn if you are directed to leave the space.
- Practice excellent hand hygiene.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- Dispose of garbage in designated receptacles.
- Take care of your physical and mental health.

Additional resources:

- ▶ Web creighton.edu/covid-19
- ▶ Email CoronavirusResponse@creighton.edu
- ▶ Phone 402-280-2152